

Did you know?

Mixing cocaine and alcohol increases the risk for sudden death!

When people mix cocaine and alcohol the body has a hard time deciding whether to speed up from the cocaine or to slow down from the alcohol.



Cocaine can cover up signs of too much alcohol use. This can lead to overdose.

What to expect when cutting back or quitting:

- Your doctor or Behavioral Health Specialist can help you set up a plan.
- Change takes time.
- You will need support.
- You may have some withdrawal symptoms.
- Contact your doctor if you are having any medical concerns.

Where can I go to learn more?

- www.drugabuse.org
- www.nida.nih.gov

Something to try:

1. _____

2. _____

Community Resources:

1. _____

2. _____

Behavioral Health Specialist:

Phone number:

IndianaSBIRT

**WE ASK
EVERYONE.**



Cocaine

 IPRC Indiana Prevention
Resource Center

Cocaine



Cocaine (powder) and Crack Cocaine (rocks) are stimulant drugs.

These drugs speed up the body's heart rate, breathing and blood pressure.

Overdose can make a person's heart stop and often leads to death.

Things to think about:

- Do I ever have chest pain?
- Do I have trouble sleeping or stay up for a long time without sleeping?
- Do I get a lot of nose bleeds?
- Do I ever feel like people are watching me or out to get me?

Risks for Cocaine Users:

- Cocaine is often "cut" with other drugs or substances.
- Sharing needles raises risks for:
 - Hepatitis B or C
 - HIV

Effects of Cocaine

Brain

Hallucinations
Seizures
Strokes
Dizzy
Insomnia

Nose

Nosebleeds
Runny nose
Loss of sense of smell

Teeth

Broken or weak teeth

Heart

Faster heartbeat
More risk for heart attack
High blood pressure
Stroke

Stomach

Stomach ache or pain
Nausea

Reproduction

Risk of miscarriage
Preterm labor

Eyes

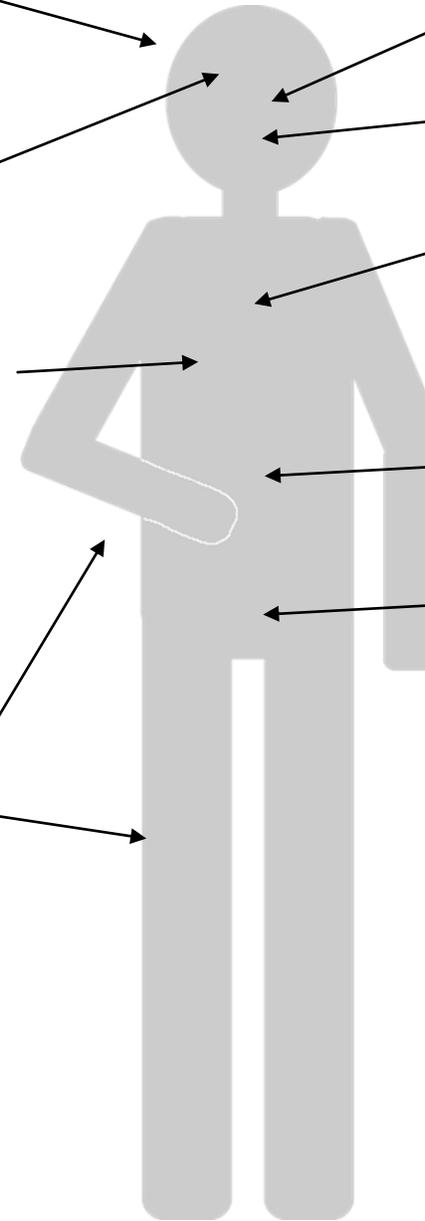
Dilated pupils

Lungs

Breathing problems
Stop breathing
Asthma
Chest pains

Muscles

Tremors
Twitches



Having trouble sleeping?

Cocaine can cause insomnia.

Without nightly rest, a person is more likely to:

- Have mood swings
- Have trouble concentrating
- Drive dangerously
- Use again to feel "normal"